



POOL TIMETABLE

KEY:

- Swimming for all
- Adult only swimming
- Aqua aerobics class (one swim lane available during the evening classes if the class has low attendance).

The pool area shuts 30 minutes before the closure of the Club including the pool, jacuzzi, sauna and steam room.

MON	TUE	WED	THU	FRI	SAT	SUN
06:00 - 09:00	06:00 - 10:00	06:00 - 09:00	06:00 - 10:00	06:00 - 09:00	Closed	Closed
09:00 - 10:45		09:00 - 11:00		09:00 - 11:00	08:00 - 10:00	08:00 - 10:00
10:45 - 11:30	10:00 - 12:00	11:00 - 11:45	10:00 - 12:00	11:00 - 11:45	10:00 - 15:00	10:00 - 15:00
11:30 - 12:30	12:15 - 13:00	12:00 - 15:00	12:00 - 15:00	11:45 - 12:30		
12:30 - 15:00	12:55 - 15:00			12:30 - 15:00		
15:00 - 18.00	15:00 - 18.00	15:00 - 18.00	15:00 - 18.00	15:00 - 18.00	15:00 - 16:30	15:00 - 16:30
18:00 - 22.00	18:00 - 22:00	18:15 - 19:00	18:00 - 22:00	18:00 - 20:30	Closed	Closed
		19:00 - 22:00		Closed		